



SAN FRANCISCO ELKS LODGE #3

*The longest continuous running Lodge in Elkdom.* EST 1876

# THE FOGHORN

## Veterans Corner

**By: Johana Abate**

Thank-you to all the fun-loving (and smart!) Elks who participated in the Trivia for Vets game at the bar. We ended the spring session with a profit of \$1000, which was delivered to the Volunteer Services Office at the VA Hospital. They were happy and surprised to receive it, and this money will go towards their wish list.

We had nine great prizes, and nine great winners! A raffle ticket was given for every correct answer, and we held the raffle on the last day of the game.

Trivia is happening again at the bar, every Saturday in July and August, with the exception of Saturday, August 19.

**Game starts at noon and ends at 4pm.**

**Buy-in is \$10:** Every correct answer wins a raffle entry, and once again we will have fun prizes!

**First prize:** A weekend cabin stay at the Russian River, donated by Kristine Kimm. Thank-you, KK!

Please join us for Trivia--we have a variety of categories from which to choose your questions, cocktails with your Elk Brothers and Sisters, and an opportunity to win raffle tickets. Your 10 bucks goes to the VA Hospital Volunteer Services!

See you there!

Johana Abate,

VAVS Rep (VAVS=VA Volunteer Services)



# Letter from the Exalted Ruler

So far it has been a busy summer. National Convention was held in Reno this year July 16-19th and San Francisco was well represented. I was very glad to see that a lot of our members made the drive up. Over seven thousand Elks were registered as well as countless thousands of guests. We met a lot of great people and got a lot of good information. On Wednesday we saw the installation of our new Grand Exalted Ruler **Malcom McPherson** as well as our new District Deputy Grand Exalted Ruler **Jeanne Atno** from San Mateo. We met Elks from all around the country, made new friends, celebrated our successes as lodges as well as commiserated around our common challenges. Elks membership around the country is holding steady after 40 years of decline, while California was one of the top states in increasing overall membership. It was also very heartening to see how highly regarded Lodge #3 is around the rest of Elkdom. Districts from the mid-west, the south and the northeast could not have been more gracious in hosting us in their hospitality suites. As many of the delegates flew into SFO, there were many guests from around the country who stopped by on their way to or from the convention.

Our t-shirts very popular at the convention and generated a lot of interest. As a result, sales were up at the lodge and we will far exceed the net \$7000 we raised for ENF last year. Pasta night continues to build steam and we had over 30 people show up on July 12th.

Please stop by on August 9th and thank **Stephanie Long** for making this a recurring event. On August 17th, we have a group of Elks going to see the SF Giants. Tickets are still available for pregame food and bleacher seats. The season may well be over for the Giants but let's root them on to win on that night. We still need volunteers for the Picnic for the LightHouse for the Blind on August 9th in San Bruno. **Gary Bozin** who has been a member for a year has volunteered to chair that event, please show him your support.

If you know of a worthy cause, bring that information to the House Committee or the Lodge Floor. It's what Elks are about. Let's make a visible difference and our community a better place. May each of us represent our lodge with the virtues of our order, Charity, Justice, Brotherly Love and Fidelity. May we also carry those virtues into our communities to bring awareness of all the good things Elks do.



**Guillaume Gassuan**  
Exalted Ruler

Guillaume Gassuan  
Exalted Ruler

# Youth Activities

## Thank you from the Salesian Boys' & Girls' Club

I want to thank Lodge #3 for a wonderful and super fun field trip today. The kids are telling everyone about it. I loved the facility and loved seeing Patrick there too! LOL

Again, let me know how we can help in the future and look forward to future trips. I have sent you the first of several pictures I took. I'll send the others soon.

Thanks again and have a great summer.

Vince Manfreda

Assistant Director

Salesian Boys' & Girls' Club



## Thank you from Mercy Housing California

Thank you to the San Francisco Elks for helping build hope for generations and a brighter future! As part of their mission to help build stronger communities and provide young people with a healthy beginning, San Francisco Elks Lodge No. 3 donated \$2,500 to support summer programs, outings and activities for our young residents living in Visitacion Valley.



## Upcoming Events

- 6/29 Lighthouse for the Blind Picnic  
Willow Shelter, Junipero Serra Park, San Bruno
- 7/28 SF Nighthawks Soccer SF3 Lodge  
Christmas in July toy drive/bingo night
- 10/7-9 North Queens Drill Team  
Dinner 10/7 breakfast 10/9  
Group stays in the Lodge room all weekend &  
uses the pool

**August 17**



**Elks Night at AT&T Park**

## Summer Trivia Game



Saturdays during July & August to Benefit  
Veterans.

Come in and play trivia with your Brother and  
Sister Elks in the Lounge!

Each correct answer gets an entry in  
the raffle!

The raffle will be held the last on  
Saturday, August 26.  
Check it out!

## Traveling Around Elkdom



**Lodge #3 Secretary Vera Obaid and  
Lecturing Knight Sammy Obaid visit  
Lodge #1623 in Boulder, CO**

[Show your Lodge #3 spirit!](#)

Send in a photo of yourself  
wearing your Lodge #3 T-shirt  
while visiting another lodge.

Please submit pictures to:  
[newsletter@sfelks.org](mailto:newsletter@sfelks.org)





Lodge #3 presents  
a fundraiser for  
The North Queens Drill Team

# Pasta Night

August 9



\$10 gets you lasagna, salad,  
garlic bread, and dessert  
(carnivore and vegetarian options)

**Every 2nd Wednesday  
of the month 6:30-8:30pm**

*Volunteers contact Stephanie Long at  
[stephanieL66@gmail.com](mailto:stephanieL66@gmail.com)*

# August Birthdays



01 Fra Kepler  
 01 John Phillips  
 02 Amy Huson  
 02 Rene Monchatre  
 03 Wendy Harris  
 03 James Henneberry  
 03 John Underhill  
 04 Richard Breitbarth  
 04 Casey Lippi  
 05 William Chartier  
 05 George Kohn  
 05 Sean Millis  
 05 Don Santos  
 05 Nathan Stevie  
 05 Gina Villaluna  
 06 Yadira Arellano  
 06 John Echarte  
 06 Kurt Tindle  
 07 Ellen Jamison  
 07 Edward Perry  
 08 Ana Marie Jones  
 08 Frank Moore  
 10 Joseph Allen  
 10 George Borges  
 10 Mari Hasegawa  
 10 Eric Rubin  
 10 Michael Sheehan  
 11 Jeanne Beudet  
 11 Nicholas Dutto  
 11 Corrinne Higginbotham

11 Manisha Patel  
 12 John O'Brien  
 13 Gary Bozin  
 13 Dawn Oberg  
 14 Christopher Campbell  
 14 Neal Herzstein  
 14 Jan Koehler  
 15 Andrew Allen  
 15 Brandon Bastunas  
 15 Brett Frost  
 15 Jason Vaughan  
 16 Ronald Britz  
 16 Kimberley Brown-Magnan  
 16 Marcos Cordero  
 16 Courtney Falk  
 17 Michael Parrett  
 18 Jonathan Griffin  
 18 Richard Reyes  
 19 Charlie Deutsch  
 19 Donald Gorwky  
 19 Michelle Montoya

19 Franklin Morales  
 19 Daniel Rubin  
 19 Corey Vena  
 20 William Elsea  
 20 Yoneichi Fukui  
 20 Ben Papapietro  
 20 Judith Santos  
 21 Gerardo Esquivel  
 21 Robert Gregg  
 21 Kevin Quinn  
 22 Lisa Avila  
 24 Heath Kornblum  
 25 Raul Francisco  
 25 Giuseppe Spinoso  
 26 Wendy Hills  
 26 Dustin Hinds  
 26 Thomas Jagger  
 26 Julia Lucey  
 26 Fred Muller  
 27 Conrad Grass  
 27 Tom Sancimino  
 28 Michael Moran  
 28 Walter Taylor  
 29 Michael Day  
 29 Fred Nagle  
 30 Kimberly Aker  
 30 Matthew Cella  
 31 Conor Nugent

# Elks Leading the Way for 149 Years!

## Elks Were Founded on February 16, 1868

Chicago, IL – Local Elks Lodges throughout the United States and in Guam, Puerto Rico and the Panama Canal will be celebrating 149 years of community service on February 16, 2017.

Last year alone, the Elks donated approximately \$283 million in cash, gifts and time to make our communities better places to live. The Elks are one of the premier patriotic and charitable organizations in the United States of America.

Elks volunteers will visit thousands of hospitalized Veterans who have protected our freedoms. The Elks vow, “So long as there are Veterans, the Benevolent and Protective Order of Elks will never forget them.” The Elks support both active military forces and retired veterans. Elks furnish food, comfort care items, therapeutic items and gifts, host holiday celebrations and recreational activities at bases and hospitals, and stand ready to fulfill any need when called upon. Last year alone, the value of Elks’ contributions to the nation’s heroes provided more than \$32 million to more than 300 Veterans Administration Medical Centers, clinics, and state care facilities. The Elks have entered into a partnership with VHA to support efforts to rescue homeless Veterans in their communities. To this end, the Elks have pledged \$4 million dollars to

help end Veteran Homelessness.

Annually, the Elks award college scholarships across the nation totaling more than \$4 million. The Elks’ Community Investments Program [CIP] will award nearly \$10 million towards enriching our communities. There are more than 1,900 Elks Lodges across the country with a total membership nearing 800,000. Elks’ members must be American citizens who are at least 21 years of age and must believe in God.

To learn more visit [www.elks.org](http://www.elks.org), or contact:

Rick Gathen

Membership/Public Relations Manager  
2750 N. Lakeview Avenue  
Chicago, IL 60614-1889  
Phone: (773) 755-4904  
Fax: (773) 755-4905  
Email: [RickG@elks.org](mailto:RickG@elks.org)"



# ENF: By The Numbers

A hearty and well deserved congratulations to all members and Lodges of the California-Hawaii Elks Association that contributed to the Elks National Foundation 2016-2017. Because of your generosity good fortune has already come to CHEMPI and the communities served by the Lodges of the CHEA

- \$867,862.26 - Total ENF Donation
- \$939,970.00 - ENF State Major Project Grant to CHEMPI
- \$584,471.86 - Community Investment Grants to CHEA Lodges
- \$4.26 -Amount ENF Gave Back For Every Dollar Raised
- \$33.14 million - ENF Approved Budget for 2017-2018  
*Appropriations and Distributions*

I have always believed and said that the secret to attracting and keeping new members is to be more competitive for a family is community service time and entertainment dollars. Now I find myself as chair of the CHEA National Foundation Committee applying that same principle to the collection of donations to the Elks National Foundation, competing for a member's donation dollars and volunteer time. And yet, the last thing I want to do is to detract from contributions to our great Major Project, CHEMPI.

The two charities work "hand in glove" to support the programs and communities served by the membership of our Lodges. Included in that \$33.14 million budget is \$9.10 million appropriated for ENF State Elks Association Grants. Judging from the sizable ENF State

Association Grant given to CHEMPI this year we can expect another great start to the Exalted Rulers March in 2018.

The point I'm trying to make is that a donation to ENF is a donation to our Major Project as well as to our own Lodges. It is very important to see how all three levels of Elks Charity benefit from contributions to the ENF. We are all familiar with Elks' Scholarships, Hoop Shoot, Drug Awareness and Veteran Services supported directly by ENF. As mentioned, ENF State Elks Association Grants support major projects like CHEMPI. Then there is the Community Investment Program (CIP) that provides grants to Lodges for use in the communities they serve. This year there will be six grants for Lodges to apply for.

So while you are being asked to make a commitment to ENF, you will also be making a commitment to CHEMPI and to your own local Lodge. ENF is committed to helping Elks build stronger

communities and helping our members and Lodges to "Reach Out and Share the Experience".



**Elks**  
National  
Foundation

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# Easter Lamb Cake

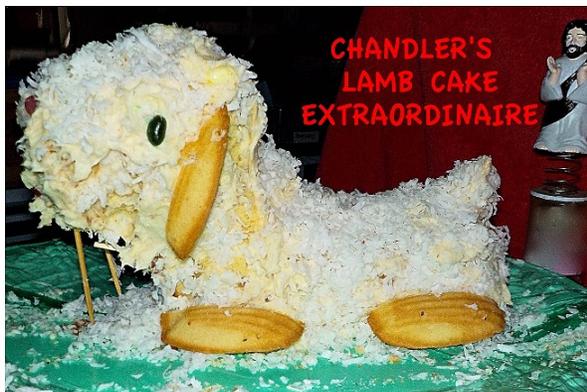
By: Chandler White

"In many parts of Europe, including Germany and Poland, the 'Osterlamm Kuchen' (Easter Lamb Cake) is a central part of any Easter table. For Christians, the lamb symbolizes Christ, the 'Lamb of God'. However, there is a general tradition, not confined to Christians, that Easter is the time of new life and the season's new lamb, which is just coming onto the market. "(Isabelle Von Boch, Villeroy & Boch Tableware Blog)I come from a family that isn't German or Polish or very religious, but my mother would bake lamb cakes. This was in the 1950's. She had an aluminum bakery mold that was in two parts, the front and the back of the lamb. One side of the mold was filled with batter, the other half was placed over the filled half, and the connected halves were placed in a hot oven. During the baking, the batter expanded to fill both parts of the mold. The baked cake was cooled and removed from the mold and then was coated with white frosting and shredded coconut. A nose and mouth was made by using raisins and a cherry. I'm not sure where my family's cake mold came from, but I see in online discussions that some families obtained them using S&H Green Stamps. That may have been where my mother got her mold. Mom would pre-



sent her iced cakes as gifts to other families. If, for some reason, the cake fell apart when it was removed

from the mold, my sisters and I would get that cake. I feel a little bit guilty when I think of my childhood hopes that cakes would not make it to the icing knife. My love for these cakes goes beyond my lifelong addiction to sugar; lamb cake is one of my fondest memories of my mother, a generous and creative soul. A few months ago, the subject of lamb cakes came up in my conversations with Elk Brother Gene McCarthy. The "boys" in the Elk's Lodge 3 gym men's locker room shoot the bull about a lot of things, so it's no wonder that we finally got around to discussing coconut cake. Brother Gene revealed that his partner, Kathi, had baked lamb cakes for years. I had not seen or heard of lamb cakes for probably 40 years. I can cook pretty good, but I am not a baker and I don't have a lamb cake mold, but my conversation with Gene inspired me to make my own lamb cake. It seemed like it would be pretty easy. I'd construct a lamb out of cut up pound cake parts and coat it all with coconut and icing. This turned out to be a more complicated process than I had thought and the cake ended up being a lot less attractive than I had intended.



## Easter Lamb Cake (cont'd)

I had to use wooden skewers and thick coatings of icing to keep my poor lamb from falling on it's face or collapsing on it's side. The final product ended up looking to me like an Airedale fetus or some strange creature that lived on a coral reef. Kathi's cake is a thing of beauty. My cake is just a thing.

In the end, I enjoyed the culinary adventure of

creating and eating my own lamb cake. I would have shared the completed confection with my Elk Brothers and Sisters but there was no way it could be moved. It would have gotten to 450 Post, a lump looking nothing like a lamb or a cake. But I am happy to share my memories of past lamb cakes with you and to tell you about my own awkward (but fun) effort at making a lamb cake of my own. Happy Easter, Elks Lodge Number Three!

### RECIPE FOR LAMB CAKE EXTRAORDINAIRE

- 2—1lb. loaves of pound cake
- 1 bag shredded coconut
- Jelly Belly's
- 1-2 cans white frosting
- 6 Madelines

First, cut up two pound cake loaves you bought at your local grocery store bakery department. Trim the loaves so that they are kind of flat on all sides. Eat the excess cake you have cut off. Put one trimmed loaf on a plate, flat. That's the body of the lamb.

Cut the other loaf in two pieces and use one piece as the lamb head and the other piece as the nose. Use wooden skewers to hold the lamb together. Apply a thick coating of canned white frosting to cover the entire lamb. (it may take more than one can.) Sprinkle the lamb with lots of coconut. Smush the coconut into the sides of the cake with your fingers to keep it from falling off.

If you get tired of dealing with the cake, let it "set up" in the fridge for a day or two. This worked out pretty good for me. The icing coating kept the cake fresh and moist, and the icing solidified so the lamb stuck together better. As the lamb sags and falls over, use a lot of skewers to keep it upright. Using a spoon or a putty knife, caulk it up with icing. Lick the icing off of utensils you have used to ice your cake and put them in the sink to soak until you feel like washing them. If any coconut fell off, stick it back on the lamb and mash it in. Buy a Jelly Belly assortment and mash the beans into the lamb head to make eyes and a nose and a mouth. Eat any leftover jelly beans while watching TV.

Pick up some madeleines, little butter cakes, from the bakery department at your grocery store. These things must be good - they have a French name. Use skewers to stick the madeleines on the lamb to give your lamb ears and feet. Serve any leftover French cakes to guests who will enjoy such continental petite cakes. Imply that you baked these things yourself. Don't serve the madeleines at the same time as you are serving the lamb cake or nobody will eat any of the lamb cake. When you do get around to serving the lamb cake, provide your guests with milk, coffee, Cognac or whatever you have on hand. This is a good time to get rid of those odd partial bottles of booze you have been collecting. Be sure to warn your guests to watch out for the skewers (and there are a lot of them.) Keep a pair of needle nose pliers handy in case a guests swallows a skewer or gets a stray jelly bean eyeball stuck in their gullet. If you must apply the Heimlich Maneuver make sure to aim the guest out the window or down into the bath tub.

**Bon appetite!**

# Elk T-Shirts Can Be Yours!

Come by the Lounge and pick up your very own Lodge #3 T-Shirt for the low price of \$20!!!



**All shirt sales go to fund the CHEA Purple Pig Project**

# Break Time

By: Rhonda Giannini

1 history history history	2 R g rose e i n	3 MEREPEAT	4 _____ read _____
5 Arrest You're	6 Me Meal Me a a l l Meal	7 E more more more more	8 wonalicederland
9 me right	10 stefrankin	11 Chimadena	12 settle
13 millio1n	14 <sup>d</sup> e r <sup>d</sup> e r <sub>vi vi</sub>  <sup>d</sup> e r <sup>d</sup> e r <sub>vi vi</sub>	15 land time	16 mini'l1bethereute
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29 BIRD	30 chair	31 ICE <sup>3</sup>	32 lang4uage
33 VA DERS	34 9S2A5F4E1T8Y6	35 _____it	36 chawhowhorge
37 RIGHT RIGHT	38 TULIPS	39 \$0 all all all all	40 knee light light

# San Francisco Lodge #3

450 Post Street  
San Francisco, CA 94102-1526  
Office: (415) 421-5230  
Lounge: (415) 421-5230

## Lounge Hours

Monday to Friday	11:00am-9:00pm
Saturday & Sunday	11:00am-4:00pm

## Catering by Moxie's

Lunch Monday to Friday	12:00pm-3:00pm
Friday Night Dinner	5:30pm-9:00pm

## Gym Hours

Monday to Friday	6:00am-10:00pm
Saturday & Sunday	7:00am-9:00pm

## 2017-2018 Officers

Lodge Meetings 1st & 3rd Thursday of the Month @7pm

Exalted Ruler	Guillaume Gassuan
Leading Knight	Todd Moreno, PER
Loyal Knight	Sean Millis
Lecturing Knight	Sammy Obaid
Secretary	Vera Obaid
Treasurer	Tony Graf
Tiler	Christine Merrigan
Esquire	Laurie DiNatale
Chaplain	Albert Paras
Inner Guard	Rhonda Giannini
Grand Lodge Alternate	Tim Shea

## House Committee

Meet on the 2nd Thursday of the Month @6pm

**Chairperson:** Todd Moreno, PER

**Members:** Guillaume Gassuan, Vera Obaid, Sean Millis, Debora Brown, John Seeley, Mark Schachern, Dan Fitzpatrick, and Ed Burns

## Building Association

Meet on the 3rd Tuesday of the Month @7pm

**Chairperson:** Dan Fitzpatrick

**Members:** Michael Day, Deborah Brown, Gregory Rougeau, Todd Moreno—PER, Sean Sakarin, Ed Burns, Mark Schachern, John Seeley, Vera Obaid, Tony Graf, and Sammy Obaid

## Board of Trustees

Meet on the 3rd Thursday of the Month @6pm

**Chairperson:** Deborah Brown

**Members:** Dan Fitzpatrick, Ed Burns, John Seeley, and Mark Schachern

## Committee Chairs

Audit & Accounting: Lynne Painter

Youth Activities: Roger Hoff

Fraternal: Todd Moreno, PER

Membership Committee: Sammy Obaid

Investigation: Steve Courtney

Orientation: Kevin Hunsanger

PER Association: Patrick Murphy, PER

Standing Relief: Guillaume Gassuan

VA Voluntary Service: Johanna Abate

Veterans: Patrick Murphy, PER

Newsletter submissions, requests, and comments email to: [newsletter@sfelks.org](mailto:newsletter@sfelks.org)